

# SAND RUN PHARMACY



August 2019 Newsletter

[www.sandruncharmacy.com](http://www.sandruncharmacy.com)

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## Are you up to date on your Tetanus shot?

### What should I know about Tdap?

Tdap also known as DTaP, is a combination vaccine that protects against three potentially life-threatening bacterial diseases. The three diseases Tdap protects against are **Tetanus** (lockjaw), **Diphtheria**, and **Pertussis** (whooping cough). You may hear Tdap referred to as BOOSTRIX, its brand name. Common side effects include pain, redness, and swelling at the injection site. The vaccine is given in older children and adults in the deltoid muscle in the upper arm.



### Who should get a Tdap vaccine?

The Tdap vaccine is administered as part of routine childhood immunizations. A single dose of Tdap as a booster dose in individuals aged 11-12 is recommended. For pregnant women, it is recommended and important to receive a single dose with each pregnancy. This vaccine is especially important if you are going to be around a new baby like your grandchild, due to the risk of whooping cough. Whooping cough is spread from person to person through secretions from coughing or sneezing. Due to their small airways, newborn babies have

difficulty fighting these life threatening diseases and exposure to whooping cough can be fatal. General revaccination for adults >65 years of age, often grandparents, a single dose booster is recommended every 10 years.

### Tdap Vaccination Schedule

<b>Adolescent</b>	<b>Tdap</b> 11–12 years  (up to 18 years catch up)
<b>Adults</b>	<b>Tdap</b> One dose at any age, including persons over 65 years of age
<b>Pregnant Women</b>	<b>Tdap</b> One dose at every pregnancy given at 27–36 weeks of gestation
<b>Other</b>	<b>Tdap</b> Health care personnel In contact of infants

### Does my insurance cover Tdap?

We find that most commercial drug plans cover the Tdap vaccine. There may or may not be a copay, depending on your specific drug plan. At Sand Run Pharmacy, we can run a claim to bill your insurance prior to giving the vaccine to identify if there is a copay you will be responsible for. No appointments necessary!

# UPCOMING EVENTS

## **1590 WAKR Senior Luncheon**

**When:** Wednesday August 14th

**Where:** St. George Fellowship Hall

3204 Ridgewood Road, Copley, OH 44321

*Please join us! We will have a booth with free giveaways. Doors open at 11am.*

*Tickets available through 1590 WAKR. Call 330-869-9800 for further details.*

## **Femarin by Ortho Molecular**

**Looking for a natural, non-hormonal way to manage your hot flashes?**

Femarin is a unique blend of ingredients to help support women transition through menopause. The ingredients in Femarin can provide symptomatic relief for common complaints associated with menopause, such as hot flashes, night sweats and night awakenings. This over the counter product is also shown to serve as a foundation for overall wellness during this period of life.

The **5 ingredients** are as follows:

1. Black Cohosh Root Extract - shown to reduce menopause related symptoms such as hot flashes.
2. Trans-Resveratrol - shown to reduce overall whole-body stress.
3. Licorice Root Extract - shown to help regulate hormones during this time period and support healthy bone status.
4. Gamma Oryzanol - helps reduce symptoms of menopause.
5. Dong Quai - benefits in reducing hot flashes in women.



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H A P P Y  
**LABOR DAY**

**We will be closed for business  
Monday, September 2nd.**

*Have a nice labor day weekend!*

— Sand Run Pharmacy Family

