

SAND RUN PHARMACY

~Newsletter: September 2019~

CBD Products: What You Need to Know

In July of 2019, Ohio's laws changed regarding the subject of **medicinal marijuana**. The new update now allows the sale of products containing <0.3% Tetrahydrocannabinol (THC) to take place without a medical marijuana card and can be sold to the general public, outside of the medical dispensaries. **The predominant ingredient in these products is cannabidiol, better known as CBD**

- It's important to know what CBD products contain when making the decision if they're right for you.

What is in a CBD product?

- CBD refers to the substance cannabidiol, a type of chemical found the marijuana plant.
- **These products contain high concentrations of CBD, with little amounts if the other components found in a marijuana plant.**
 - The reason for larger amounts of CBD is because this is the product that has **many health benefits**.
- CBD products do not cause you to "get high" as there are not large amounts of THC in them.

CBD Benefits:

- Relieves Pains
- Decreases inflammation
- Reduces stress and anxiety
- Helps with sleep



CBD Safety Concerns:

- Under Ohio Law, all products sold to the public must be inspected by the Ohio Department of Agriculture.
 - This testing will ensure the products contain appropriate amounts of THC (<0.3%), as well as no other harmful chemicals.
- It is important to note that when starting any new CBD product, you should refrain from activities like driving until you know how it will affect you.
- ***If you plan to start using a CBD product, talk with your pharmacist first.***
 - Because the use of CBD for medical purposes is relatively new and not all forms require a prescription, it may seem to be safe for everyone.
 - Unfortunately, this may not always be true. Your pharmacist will be able to review the published information and assist you in deciding if these products are safe for you.



Sand Run Pharmacy is now selling select CBD Products

- We have chosen to carry this newly approved product for our customers.
- CBD Products come in a variety of forms, including topical preparations, oral solutions and capsules.
- Our team has been working hard to learn everything we can about CBD products in order to educate our patients.



Check out our Facebook page for educational videos about CBD products

Common CBD Questions:

Will I test positive on a drug test if I use these products?

- If your product contains THC, you are likely to test positive if you regularly utilize your CBD product.

What is the drug test testing for?

- Current drug tests are most commonly urine samples, which test for THC and the by-products formed when your body breaks it down.

Is this safe for animals?

- There are no safety recommendations so far, please talk to your vet before use!

Will I experience a "high" from these products?

- None of the products that are legally sold in Ohio to the general public contain enough THC to cause this effect.



Get to know your neighbor.

Store Hours:

Monday – Friday: 9am – 7pm

Saturday: 9am – 2pm

Sunday: Closed



Follow us on Facebook & Twitter!

Meningococcal B – Are you covered?

Are you or anyone you know heading to college soon?

If so, have you been vaccinated for Meningococcal B?

- Here at Sand Run Pharmacy we carry the vaccine, no prescription necessary.
- Stop in to find out more!

2020 Cuyahoga Valley National Park Calendars – Now Available!

CUYAHOGA VALLEY
NATIONAL PARK



2020

Flu Season Ahead! Are you ready?

Interested in scheduling a flu vaccine clinic for your workplace, church or clinic?
Email Tom at tlamb@sandrunpharmacy.com for more information or to schedule.