

SAND RUN PHARMACY

July Newsletter 2020



Leaves Of Three, Let Them Be!



With the summer warmth comes more outdoor activities and adventures. Unfortunately, that can also mean more irritation from poison ivy, poison oak, and poison sumac. These are plants that are well known for causing inflammation of the skin that can sometimes be severe. They contain an oil called urushiol that causes a blistering rash of the skin that is usually very irritating and itchy.

The first step in treating poison ivy is avoidance! Be aware of what each plant looks like and be sure to avoid it if you notice it. Wear clothing that covers your arms and legs to avoid contact when gardening or working near suspected areas. If you do come in contact with it, wash the area thoroughly with soap and water. Products like *Zanfel* and *Tecnu* are designed to remove oils. Thoroughly wash shoes, gloves and any clothing that can carry the oils too.



If you or someone you know develops a rash as a result of these plants we can help! We have plenty of over



the counter items to relieve the itching and get rid of the rash. We carry hydrocortisone in several forms, *Benadryl* creams, calamine lotion, and *Ivy-dry*. Resistant cases may require a prescription steroid from your physician. If you have any questions, feel free to ask your pharmacists at Sand Run Pharmacy.

Happy 4th of July!

Sand Run Pharmacy Holiday Hours:

Friday, July 3rd: 9 am — 7 pm

Saturday, July 4th: **CLOSED**

Sunday, July 5th: **CLOSED**

HPV Vaccinations with Gardasil 9

- This vaccine protects against Human Papillomavirus that is spread through direct skin to skin contact and is capable of causing some cancers and genital warts in men and women.
- Gardasil 9 is recommended for everyone aged 9 - 45 years of age, if they have not previously received the vaccine.
- For patients under 18 years of age, a prescription and parent/guardian approval is needed
- Sand Run Pharmacy is able to administer this vaccine.
- This is a three—step vaccine, with doses given at months: 0, 2, and 6.

Bee Prepared!

Unfortunately, allergies are common for many people in the summer. There are a wide range of symptoms triggered by allergies with various medications to treat them. Over the counter items such as *Claritin*, *Zyrtec* and others treat mild allergies. We also have epinephrine auto-injectors (*EpiPen*) available by prescription. The *EpiPen* is for people with a known severe allergy that if triggered causes blocking of the airway. This is common with food allergies and bee sting allergies, both of which are more likely to happen in the summer.

Get all of your allergy needs at Sand Run Pharmacy!



Looking for a NATURAL way to treat allergy symptoms?

Try Ortho Molecular D-Hist! A formulation that contains: vitamin C, quercetin dehydrate, stinging nettles leaf, bromelain, and N-acetyl cysteine. Natural D-Hist is designed to support the nasal and sinus passageways during seasonal changes. D-Hist Jr. is half the dose and comes in a chewable tablet, great for kids with allergies.



www.sandruncharmacy.com



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Locally owned. Locally loved.

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