

SAND RUN PHARMACY

40 Sand Run Road, Akron

330 - 864 - 2138

AUGUST NEWSLETTER 2020

WHO'S AT RISK FOR THE FLU?

Everyone is at risk and should get an annual flu shot, although there are some people who are at higher risk than others. People with the following conditions are those who are at a higher risk:

- Diabetes
- Older age
- History of stroke
- Pregnant
- Heart failure
- Asthma
- Young children
- HIV
- Immune compromised
- Cancer



NATIONAL IMMUNIZATION AWARENESS MONTH

August is **National Immunization Awareness Month!** Do you remember the last time you checked your records to make sure you were up to date on all your vaccines? There are many vaccines that can prevent diseases and unseen viruses. **Vaccines protect more than just the person who is being vaccinated.**

A recent online survey revealed that 45% of Americans have a negative attitude towards vaccines, that's more than 2 in every 5 people. There are certain disease that require at least 95% of the American population to be vaccine in order to protect the whole community from that particular disease. Keeping this 95% of the population vaccine is very important, because there are some people that cannot be vaccinated due to medical conditions.

We can help you with your scheduled, annual, travel and new-baby vaccines. We can also let you know when you are due for your next one by phone call or text message.

Take the time to call and ask us questions about your vaccine history or schedule so we can help you stay healthy!

VACCINES THAT WE OFFER

- Pneumovax 23
- Shingrix
- HPV
- MMR
- Prevnar 13
- Annual Flu Shot
- Japanese Encephalitis
- Typhoid
- Hepatitis A
- Chicken Pox
- Cholera
- Tdap
- Hepatitis B

ACTIVE IN AUGUST

Remember if you can't get out you can still get up! Make sure you are moving around and getting in as many steps each day as possible. Being active makes you feel good and can also be beneficial to your health in more ways than just one!

- Heart health
- Mental health
- Reduce blood sugar
- Waistline
- Sleep
- Memory

Don't worry, we have plenty of ideas for staying active!

- Walk to the mailbox and back
- Jumping jacks
- Walk around your neighborhood
- Yoga
- Heel to toe steps
- Enjoy a bike ride



BRAIN TEASER

V B O P K N X B W K
R Q H N R L U I P O
A L R Q J X K R N O
R V E N I C C A V K
C X Y C A M R A H P
O C K F G R E A N E
O G W I A A K R O N
P K K R A U G U S T
A K J F L U S H O T
X F S A N D R U N L

Akron
Pharmacy
Vaccine
August
Sand Run
Flu shot

DON'T FORGET ABOUT YOUR PETS

Here at Sand Run Pharmacy we compound medications specific to your pet and their needs. We offer *Topiclick Micro* pens for transdermal administration. What is a *Topiclick Micro* pen? This is an instrument that you can use to apply medication in a cream to your pets ear. See our website for more details!



COVID-19 VACCINE UPDATE

While we are aware that there is a current virus floating around, there is not a vaccine approved for COVID-19 yet. When a new vaccine is developed it can take anywhere from 7 to 10 years to be approved by the Food and Drug Administration (FDA). Since COVID-19 there are companies that are trying to speed up this process. Whether the vaccine for COVID-19 gets approved this year or next year, it will still be a quicker process than any other vaccine in history.