

April 2021

SAND RUN PHARMACY

COVID Vaccine: The Details

How Do I Sign Up?

Please visit our website at www.sandrunpharmacy.com. Go to the bottom of the page and click on the blue hyperlink text, "[Click Here](#)." Fill out your information and click submit.

Who Can Sign Up?

Anyone 18-years old and older can join the waitlist. We will call you to schedule an appointment to receive the COVID vaccine.

What's New

www.sandrunpharmacy.com



COVID vaccine is now available...please read below

We have begun the process of scheduling people that have signed up for the COVID-19 vaccine on our waitlist. If it is your time to schedule, you will receive a phone call from us telling you to call the pharmacy to schedule your appointment. We anticipate appointments to fill up rapidly

and recommend to call back ASAP to secure your appointment. Only those that have received a phone call from us are eligible for scheduling at this time. Please do NOT call to schedule unless you receive that call from us. We are hopeful that vaccine will continue to be shipped to us on a routine basis and we will be able to accommodate all those that are interested. Please be patient as we work through the process. **For those not on our wait list, please [click here](#) to fill out the waitlist form for the COVID-19 vaccine. You will be contacted about the vaccine when it becomes available at our pharmacy. We will reach out to you via phone call when the vaccine is available and time to schedule your appointment. When that call is received it is very important to call the pharmacy back quickly since appointments will fill up rapidly.**

Which Vaccine Do We Have?

We currently have been receiving Moderna and Johnson & Johnson.

Moderna

- Was 94.1% effective at preventing COVID-19 illness
- 2 shot series with the 2nd dose 28 to 42 days apart
- Age: 18-years and older

Johnson & Johnson

- Was 66.3% effective at preventing COVID-19 illness after 2-weeks
- 1 shot series
- Age: 18-years and older

How Long Is the Wait Time?

Unfortunately, we are unable to predict this as we have a lengthy waitlist, but it is going faster than expected as people have already received the vaccine elsewhere. We will be sure to call you when your name comes up on our list.

What Time Will I Schedule My Vaccine?

We will call you to schedule your first appointment. During your first shot appointment we will schedule your second appointment if you're receiving the Moderna vaccine.

What Do I Need To Bring To My Appointment?

Please bring your driver's license and insurance cards. COVID vaccine is provided even if you do not have insurance.

Pregnancy and COVID Vaccine?

It is recommended for pregnant women to get vaccinated. Experts believe the vaccine is unlikely to pose a specific risk. Pregnant women or recently who are older, overweight, and have pre-existing medical conditions such as hypertension and diabetes seem to have an increased risk of developing severe COVID-19 symptoms. By getting the vaccine, it will help prevent severe COVID-19 symptoms. CDC considers enrolling into **v-safe pregnancy registry**. V-safe is CDC's smartphone-based tool that uses text messaging and web surveys to provide personalized health check-ins after vaccination. You must have a smart phone to participate and receive text messages, but if you have issues signing up, call 1-800-822-7967.

Common Side Effects From The Vaccines

- Tiredness
- Headache
- Muscle Pain
- Chills
- Fever
- Nausea

Reasons To Get Vaccine

- To be able to visit your family and friends
- Assurance that you are not putting yourself or other at risk
- Lessen symptoms and prevent serious illness from COVID-19 infection
- MOST important tool to help stop the spread of COVID-19
- Vaccines are as important to your overall health as diet and exercise

Happy Easter



Shop your holiday favorites at **SAND RUN PHARMACY!**

We carry a variety of **Papyrus Brand, Recycled Paper Greeting Cards**, and notes for any and all occasions: holidays, birthdays, thinking of you, and thank you cards. It is a great way to show someone that you are thinking of them, especially during these hard times.

Waggoner's Easter Chocolate Baskets!

Pick up a box for that special someone, family member, or friend!



The first person to return a completed word search will win a \$25 West Side Bakery gift card!

V	C	A	E	A	G	N	N	O	E	H	J	O	S
A	H	T	N	E	L	O	E	O	K	D	O	M	S
C	O	H	S	V	A	L	U	G	E	O	I	C	L
C	C	S	A	I	R	S	E	T	E	N	N	P	I
I	O	T	N	S	H	N	T	R	D	K	T	S	D
N	L	O	D	T	G	D	O	E	G	O	N	I	N
E	A	E	R	E	N	N	R	S	R	I	O	L	O
N	T	L	U	P	S	P	R	I	N	G	E	R	O
R	E	N	N	C	S	M	A	M	I	H	A	S	S
H	S	C	S	N	C	E	E	O	O	G	O	T	I
E	R	H	I	K	I	N	G	V	D	N	N	J	T
S	U	I	I	N	E	G	A	L	L	O	C	L	O
M	E	L	A	T	O	N	I	N	U	A	S	M	G
E	C	E	S	A	N	R	E	D	O	M	L	I	O

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|-----------|--------|-----------|---------|
| Outdoors | Hiking | SandRun | Moderna |
| Joint | Easter | Melatonin | Spring |
| Chocolate | Dhist | Vaccine | Johnson |

Ortho Molecular Products

D-Hist

- Supports Immune Balance in Hypersensitive Individuals
- Supports Sinus and Respiratory Health
- Promotes Normal Viscosity of Mucus
- Clears Nasal Passages



CollaGEN

- Protects and promotes connective tissue growth
- Supports the Self-Repair of Cartilage, Tendon, Ligament, and Fascia
- Supports Joint Lubrication, Joint Cushioning, and Normal Connective Inflammatory Response
- Supports Normal Rejuvenation of Healthy Hair, Skin, and Nails
- How to use: Mix 1 scoop (7.6 grams) in 8oz of water or the beverage of your choice per day. May also be added to food and baking products. Nice addition to your morning smoothie!



COVID-19 & Insomnia

- Long-term common occurrence of COVID-19 infection is insomnia.
- If you have experienced trouble falling asleep, melatonin may help get your sleep schedule back to consistency

